

When You Know *The Truth*, It's Thanksgiving Time

2021-11-06

- 2021-1106-001 Beloved and holy one that you are, I am the one known as Jeshua ben Joseph, Jesus you have called me, and it is in great joy that I come to abide with you this evening in your timing, or morning as the case may be, to share with you the love that we are. Truly as you have seen my beloved friend and teacher, the one you know as Judith, laughing...because yes, I do tell her jokes on the way in, but I was also telling her that it is very interesting to watch the females of the expression, as they love to talk.
- 2021-1106-002 Have you ever noticed that when females get together there is much they share with each other. There is much of the hugs, yes, that is great, but there is much of the sharing that they do. And sometimes those of us who are waiting patiently to speak are saying, "Well, get on with it. Get on with it. Let's get to the good part with the hugs and the verbal love that we can share."
- 2021-1106-003 You have seen my beloved friend and teacher smiling and wondered, "What is she smiling about?" Well, it is because I have been saying, "Okay, already, I'm here, I'm ready. I even came early tonight, and here you are still talking about this, that, and whatever." Here I am, and here you are, and the One has come together.
- 2021-1106-004 As was spoken in the intro about the Intensive, the week that we spent together was momentous for you, coming together in more ways than one; coming together as a group, coming together to share mind to mind the ideas that were being given to you day by day, but more than that, there was an opening on the soul level, the soul that has been calling out to you and crying, "I want to be known, I want to be hugged, I want to be acknowledged, I want to come forth in the radiance of Being and to be acknowledged as that."
- 2021-1106-005 And you did that. Even if you were not tuned in as you would see in the formal sense, there was energy that was out all over holy Mother Earth for anyone who was open to it. There were some of you who were not on the computer. You were not tuned in at that point in what you would say was the electrical lines of whatever, but you were in the middle of something and there was a feeling of, "Who said that? Well, what just happened?" You felt a certain energy of love, acceptance, of peace; just for an instant or so, and then if you were at work or if you were doing something that took the energy of the mind, you did what you needed to do with focus, but there was also a feeling within that said, "I have been recognized."

- 2021-1106-006 And yes, the soul of the one Christ has been awakened. That is why I have said to you that truly when you know the truth of your Being as to Who and What you are—not just the body, not just the mind, not just the personality, but the whole Self of you—once that has been acknowledged and recognized deep within, there is a quickening that happens even within the physicality if you are sensitive to it. There is a quickening that comes and cannot—and you do not want to—be denied. All that is left after that is thanksgiving, is to feel that something has shifted, something has changed, something feels slightly different, and you can't put it into the words, but you don't need to. It is a feeling of coming Home, a feeling of peace, a feeling of knowing, "I Am. Full stop, period."
- 2021-1106-007 Lifetimes you have spent trying to study the right books, to have the right teachers, the right messages given to you so that you could awaken, so that you could feel at peace, so that you could feel valued. And many times you have orchestrated lifetimes where you were the slave, where you were not quite good enough, because there was a feeling within that, "There's a part of me that's missing somewhere. I don't know what it is, but as I was growing up, even as an infant, I felt like something was missing. I had to cry, I had to make sound in order to receive from the outer the ignition of the inner, turning it on."
- 2021-1106-008 It has gone on within all of you who are being called in this lifetime. You wonder, "Why am I still here?" Each and every one of you, I have heard you say that some mornings when you felt like there was just too much going on and you say, "Why am I still here? What am I doing?" It is because you signed a contract early on that said you would turn up at a certain time, which is now, and you would have all of the circuits of you turned on to the place where, "I'm okay. I know enough. I know enough to get confused, but I know deep within me that I Am That Which I Am. I am having a lifetime. I am having a story of my lifetime. I have been certain places, I have met certain people, I have wondered, "Why did I go to see these big tall trees?" To remind yourself of Who and What you are.
- 2021-1106-009 You are the ones who are orchestrating that which you experience, and enough already of the sadness. You have seen and you have come to that place within where you have said, "I Am. Full stop, period. I don't understand it all, and I don't have to." I heard you all say it. "I don't have to understand all of it; you know, the more I try to understand it, the more confused I get. So there, take that. I'm just going to breathe and Be. And I might even smile from time to time. And you know, when my Honey smiles at me, there's just such a feeling of, 'It's okay.'"
- 2021-1106-010 And those of you who are saying, "But Jeshua, I don't have a Honey," have you looked in the mirror lately? Okay, every one of you has a Honey, someone who loves you. It is the Self of you, the divine Self of you, calling to you, "Wake up and smell the roses. Wake up and know that thou art God."

- 2021-1106-011 "Oh, but Jeshua, I don't think I can go quite that far." Try it. I did. You might like it. You might even get crucified. Ha ha. And you have already. You have experienced the actual physical crucifixion. How would you relate to what my story is if you had not already been there, done that? You have. So okay, it's in the past somewhere. Don't worry about it. You can bring it forward if you want to, but you've already been there, done that.
- 2021-1106-012 Allow yourself to live in joy. You have earned it. You have known the lifetime where you have been the slave, and you have never been good enough as the slave. You were always the one who got the whipping in order to make you better.
- 2021-1106-013 You were already best in any lifetime where you have orchestrated a body, and even if you did not feature a body and were one of the ET's. Yes, and sometimes you do not always take care of the body and you say, "Well, I don't need these two. So you have a very famous one sitting in your presence who managed to give over two of his fingers. You've seen them. He saw them...on the floor. He saw them in the sawdust on the floor. Okay, didn't need them. Still has a smile.
- 2021-1106-014 The important part of all of you is the radiance of your Being. It is that radiance of knowing, "I am made of God stuff. I am good enough. Anything; even if I stand in judgment of self," and I've seen you all do this. "You know, I should have picked out a different color shirt to wear. So and so had something new on and it looked really, really sharp. Then I looked to see what I was wearing. I was wearing denim. Well, I was comfortable."
- 2021-1106-015 "You know, my friend Charlotte had the most beautiful dress on, and I was saying to myself, 'Well, why didn't I choose that color? Look at what I wore. It was all kind of, hmmm, whatever.'"
- 2021-1106-016 It does not matter. What shows first of all to anyone looking at you is the radiance of your Being— the eyes, the smile, the heart that speaks in friendship. That is what comes forth. If you wear the black fur, it is most beautiful, it is shining. It is most inviting to have a pet on the head, on the back. You know exactly where to go to get the pet.
- 2021-1106-017 There is a wisdom deep within you that seeks out love; to receive, yes, but more than that, to give, to give love. There is a flow of Oneness that happens when you reach out and pet someone. You touch them, and you say by touching, "I acknowledge you, I see you," every one of the brothers and sisters. Many in this day and time suffer because they do not know that you see them. When you smile at them and recognize them, there is a feeling of worth that they have been missing many lifetimes. They have come to walk Mother Earth one more time to see if maybe someone might actually notice them and smile at them.

- 2021-1106-018 You have ones who are living the desperate type human life—not spiritual, but human—and they want to be acknowledged. They want to know that they matter. And they do. For truly every one of the brothers and sisters is as the facet on the diamond radiating light back, allowing their Light to shine and hoping the deepest, deepest hope that someone will recognize it and smile.
- 2021-1106-019 So wherever you go, smile. It will make them wonder where you have been and what you have done, what you know. And you do know love. Even in human form you give the hugs, you give the smiles, and you acknowledge that each one you meet has value. That is the greatest gift you can give to them.
- 2021-1106-020 “But Jeshua, I thought I had to study and get all of the letters after my name, and then I could give them a gift of all of my learning.” That is good, but more than that, the simplest thing, a smile, recognition that you actually see them, is worth more. I am not down-putting all of the study, but I am up-putting the smiles, and that is something that is easy to do. You find within yourself a certain answering energy that wants to find a home, wants to have what you have to share received. You smile at people, and they wonder, “Yes, look at the pearly whites, look at the teeth, look at the smile of love. I’ve been acknowledged. Oh, my goodness, that’s great. I didn’t know anybody could see me. I thought I could just slink away under the bush somewhere.”
- 2021-1106-021 I see you. Do you know that that is the greatest gift that you can give to another one and to yourself? “I see you. I truly see you. Wow. I see where you’ve been. I see where you’re going. Mind if I tag along? I’d like to come too.” You will find yourself as the famous one called the Pied Piper who had everyone following him because he knew a secret. He knew love. And ones want it, to be in that radiance of love; simplest, and yet the most difficult at times.
- 2021-1106-022 You are God. “Jeshua, I can’t be God. I mean, I’ve got a human form and I’ve got a human personality and I know I make mistakes from time to time, and I should have said, I should have done, I should have been, I should have....” Ever heard those words? Well, that’s the self-talk that you have done many, many lifetimes, where you have felt yourself not good enough. And yet I will share with you, you have lived lifetimes where you have been the poorest, you’ve been the slave, you’ve been the one that was not even acknowledged as Being, and yet there was a feeling within yourself that, “I Am. I don’t know what I am, but I Am, and I’m loving Being, breathing, questioning, hoping.”
- 2021-1106-023 Well, if you’ve done any of those things, you Am. You Am, exactly. Therefore, allow yourself to stop and smile. And ones will say, “He’s a walking advertisement for the dentist.” No, I jest with you. A smile is the simplest thing to give, and yet it is often hidden away. “If I smile at someone, what am I getting myself into? I don’t really know that other person. I can’t really smile at him.”

- 2021-1106-024 Sure you can. Hold your head up high and smile, and they will wonder, "What does that person know that I don't know? Maybe my shirttail is hanging out? Maybe the dog chewed my trousers? Maybe...." A story. If you were to write all of the stories/excuses into a book, you would have a very heavy book. It would be heavy because it would have been coming from a place of not good enough, looking for more to fill. "Because I'm not enough."
- 2021-1106-025 Sure you are. Smile. Let's have a smile. Here, smile. Oh, my goodness, that looks really great, each and every one of you. Yes, the energy happened, and the cat felt it. And the cat says, "I don't know what this is all about. Okay. And then she says, "Well, maybe there is something in my food dish; I'll go check it out." Did she have to get up at that moment? She did, because there was energy that she felt. Where did it come from? It came from you and you and you and all of you; much of energy.
- 2021-1106-026 I have said to you over and over so many times and you have said, "Well, Jeshua, that sounds good." But I have said to you that *there is no separation*. You, your energy, even though you say, "But I am many, many miles away," the cat felt your energy and the cat responded. Why did she get up at that very moment? She felt something. Then with her mind she decided, "Oh, maybe it's time to eat."
- 2021-1106-027 You all do this. You feel the energy and then you say, "Oh, I guess I'm supposed to do something." And the next thing you do is whatever is in front of you. Okay, stop, receive, and then give back the smile, the hug, the feeling of love. You have heard the saying that what the world needs now is love, and this is true. You have ones who are standing on this side saying, "I can't agree with you." And the other one is saying, "Well, of course, you can't. You're all too stupid. You're not understanding my reasoning, etc."
- 2021-1106-028 What do you have in common? The breath. You have to keep breathing. So the ones who have the certain belief system here, what are they doing? They are breathing. What about these ones who say, "I am polar opposed to you. You're very dumb." What are they doing? Breathing. You're breathing the same air. Okay, stop for a moment, take measure, and love.
- 2021-1106-029 You know now Who and What you are. Mentally you have been told that you are God having a human experience. It is time you accepted for yourself a God experience. And how do you do that? By love, by allowing, by saying, "God, I Am. Wow! All that I see," and this is true, "I have created; otherwise, I would not be seeing it. Otherwise, in truth, it would not exist. Oh, that can't be true, Jeshua. I'm not that great." Wanna bet? I'll win.
- 2021-1106-030 Everything that you see, you create moment by moment. It is your reality—lower case "r"—and you make it out of the upper case "R" of your Reality. You bring it forth to experience it. That is why sometimes you bring forth the

challenges, because you want a little bit of excitement in your life. If you will receive it, that is what you are doing right now with what seems to be a division of polar opposites, ones who say *this* is the truth and others who say *that* is the truth. You like the energy of trying to put it together.

- 2021-1106-031 "Oh, no, I don't, Jeshua. I think 'they' are stupid. I think 'they' have it all wrong." Who is creating "they"? Yes, this one right here. No, you don't do that. As you have a saying in your world, the buck stops here. You are the one creating your reality—lower case "r"—because you are the capital "R", and you have the power of that Reality.
- 2021-1106-032 "Nobody ever told me that before, you know. That can't be true, because I know there are ones even in my—well, almost—reality who have a lot of money, and they can buy anything that they want to buy. They can even buy a spaceship and go to outer space, off of holy Mother Earth, and I can't do that." You already did it when you watched on your square box and you were right there with them traveling. And they came back and said, "This is what we saw, what we experienced." You took that in and said, "Oh, okay, I understand." You did not even have to take the body, set forth into a capsule of some sort, and blast off. You sent someone, which is a part of you. They came back and said, "That was an experience, you know. This happened, and I felt, and so forth," and you said, "Oh, is that what it was like?"
- 2021-1106-033 I will share with you something that you are ready to accept, because what they were telling you, relating to you, you took in and attached it to a knowing that you have had in a reality—lower case "r"—that you were creating in outer space. Eons of time ago, as you would understand time being on a straight line, you came to holy Mother Earth perhaps on a spaceship. Or perhaps you didn't need a spaceship and you just said, "Holy Mother Earth, I'm going to have a lifetime to experience this reality." And here you are, miracle of miracles. You are on holy Mother Earth wherever you experience your geographical pinpoint on holy Mother Earth. It is your reality. But where does that reality—lower case "r"—come from? It comes from your Reality as God. And I have said this to you many times, which has gone poof over the head, poof again, poof until I lost count.
- 2021-1106-034 You create your reality—lower case "r"—as you go along. But how can you create that reality if you are not the Reality—capital "R"—to do it? I stand before you as very God. You stand before yourself as very God. "So Jeshua, are there all these little pieces of very God running around?" That is your belief system at this point. In Truth—capital "T"—there is no separation. Meantime, you are kind of clearing out the old cobwebs of what you have said reality has to be. And since, in truth, there is no time, you can take all the time you want. You create it, you live it, and you say, "Okay, that was kind of fun, or that was not so kind of fun," whatever you created; to the point where you come finally and say, "I Am That I

Am, full stop, period. I Am.” And when you reach that point, the angels sing, because finally you have recognized.

- 2021-1106-035 “Well, Jeshua, what do I do after I realize that I Am That I Am? Where do I go from here?” There *is* a next step. “Oh, good, I thought there might not be.” There *is* a next step, and the next step is to love. It is to recognize that which I am is love, and I give it freely. I give it to anyone who will accept it. I walk this Earth with you. I give love as you do. Give freely, because I would, and I do. Allow yourself to feel happy about what you do. You wonder from time to time, “Why am I still here? What am I supposed to be learning?”
- 2021-1106-036 You don’t need to learn anything. You just have to Be; just to Be happy, to Be that which you are—the living, breathing, moving Christ to all of your brothers and sisters. “Ha, well that feels good, but is that going to pay the rent?” You will be surprised at the miracles that happen, because they do. Every moment as you will smile it is a miracle. “It’s so easy to smile; I mean, for the most part it’s easy.” But it is what you would call a miracle.
- 2021-1106-037 Now, did the light go on for you? Yes, you are the living, breathing miracle fashioned of God material. Do not worry, “Am I good enough?” Yes, would you not say that God is good enough? She is and he is, and you are. Take that to heart. Walk with it on the chest and say to ones, “I recognize you. You are God.”
- 2021-1106-038 “Oh, could that really be true?” It is true. They may not be quite ready to hear it in those words or to take it in and say, “Yes, I own that,” but you are in process of owning it. That is why I said to you that I will no longer speak to you as if you are a student who has to come to the teacher. You *are* the teacher. Every experience that you have teaches you, and you bring forth those ideas, what you call lessons, in order to wake up, in order to say, “Oh, hey, I brought that forth for a reason. You know, I thought this would be Jeshua. He’s really deep.” Yes, and high and deep and wide. You know, he’s got it. Anything and everything that you experience, you are creating in that moment. “Really?” And if you don’t like what you are creating, you can change it.
- 2021-1106-039 I will share with you a secret. It takes practice. So when I first explain it to you—and you do know it; you know it within—when you want to change something, you have to believe that you can do it. When I wanted to escape those who would try to shut me up, talking about the Father’s love and things that they didn’t want to hear because they wanted to make money...they wanted the golden coins. They didn’t care about anything else. They didn’t care if the brothers were suffering. They didn’t care if the animals were suffering. They didn’t care. All they wanted was the golden coins. Okay, laser focus. Hopefully in another lifetime they would—and they did—come back and have different focus.
- 2021-1106-040 If you get into a situation where it may not be exactly healthy to the body—and you will need to practice this—imagine that you are somewhere else. Imagine and

know that you are somewhere else. Picture in your mind a reality. Paint it for yourself. Fill it in. I am on the mountain top and there is snow under my feet. I am by the lake, and the lake is blue with geese around the edges. I am in my native home where I grew up as a boy. I feel at home. I can see the stone walls around the house.

- 2021-1106-041 Picture it in your mind where you want to be, and practice, my boy, my girl, practice, because if and when you need it, when you want it you will need to have the practice of being somewhere else. I did not succeed the very first time I thought myself to be somewhere else. You have to work at it and practice. It's like everything else in life. Practice makes perfect. It makes it a reality. You use your capital "R" Reality to bring for the lower case "r" with the practice.
- 2021-1106-042 So when things got too hot and heavy for me in that lifetime that is so famous—and I had many other lifetimes—I imagined myself in the green pasture somewhere talking with the sheep. I worked with practicing that and I knew it to be true. I knew it to be true, and I could feel the sheep, I could hear the sheep, I could smell the sheep. I knew the flock of sheep was around me. I was no longer at the tabernacle where there were ones who were not happy with me and wanted to off-with-my-head. I was with the sheep.
- 2021-1106-043 It does not usually happen the first time unless you're under a certain point of duress and you really have to know it right away. Practice. Practice being somewhere else. At first you will feel you are playing, and you will be at first. Practice.
- 2021-1106-044 "But Jeshua, am I really going to have to know this?" Yes. "Oh, oh, I guess I'd better practice." Yes, you'd better practice. That is what you have left these years—as you call them that you have yet to experience—why you have put that into this lifetime. "Oh, I thought I could just sit in my rocking chair." Well, you can, but you may not want to do that. You might actually want to experience going back in time and being the youth who is playing with the ball, the strange sort of shape of ball that you kick with the feet. Whatever you want to imagine and wherever you want to, but practice.
- 2021-1106-045 "Oh my God, Jeshua." It's true; you are God. Okay, not just pretty words going through the mind, but actually practice. Pick out somewhere that is safe to go and imagine that you go there. Imagine what it feels like. Imagine what the grass is like. Imagine what the stone is like. Imagine what the sheep are like. Any part of what you want to put into it, make it real—lower case "r"—but make it out of your own Reality—capital "R". After all, you're doing this. Ask me about it. I'm doing this with a female body, and I am happy doing it.
- 2021-1106-046 Okay, enough for one evening, enough for one lesson. Practice seeing yourself somewhere else meantime. Practice it in your meditative times. You've already known in meditation how to go in quietness and in peace. I have seen all of you

breathe and go in the meditation into comfort, into peace, into quietness. Now fill in the environment.

2021-1106-047 "Oh, you mean there is more?" There's a whole lot more. What you are doing right now with the body that you have, how do you think it got here? How do you think it gets here every morning when you wake up and say, "Oh, here we are again in the same bed, same covers, maybe the same one lying next to me, or not." And allow yourself to be aware, cognizant, and then say—and I've heard you say this—"Where did I go in my dreamtime? You know, it seemed very real." And I will share with you, it was.

2021-1106-048 You have just begun to scratch the surface. Allow yourself to practice—easy things, peaceful things, safe things. Don't practice, "Oh, I'm going to go to Niagara Falls and I'm going to stand on the edge and jump over because now I know I can do it." Yes, but the body may not know it. Start out with something peaceful and safe first. Later we'll get to the advanced stuff. So be it.